



## Kalabhairava Karma

**“To bring life to its utmost pleasantness  
whether bodied or disembodied.”**

**- Sadhguru**

In the yogic culture, if someone dies without the necessary awareness to conduct their own death properly, then somebody else does it for them - to ensure that their new location is a better place.

Depending on the nature of death, **Kalabhairava Karma** can be done within a certain time period after the being leaves the body. However, another process called **Kalabhairava Shanti** can be done anytime after death. Linga Bhairavi is the energy base to conduct both of these processes.

"When somebody dies, as far as that person is concerned, he has just lost his body and everything he has known as life. He has also lost his discretionary mind. Because of this, he can only function by tendencies. Discretion means there is a choice. For instance, if somebody dies, people may become sad and miserable, but after a certain passage of time, they will employ their discretion, 'There is no point just going on like this, let me get back to whatever I need to do.'

But someone who is unable to employ his discretion will stay in that state for a long time, and his tendencies will multiply. If he had pleasant tendencies, they will snowball; if he had unpleasant tendencies, they will avalanche into something extremely unpleasant. At either the last moment or just after, a life can be touched in such a way that pleasantness will seep into it. Once even a drop of pleasantness is put into him, after some time this will become an ocean of pleasantness - because he has no discretion, he cannot stop it." - Sadhguru

## *Kalabhairava Karma*

A certain process is conducted at Linga Bhairavi and at Nirkaya Sthanam (pond of water designed for this purpose). Depending on one's age and type of death, the Karma needs to be performed within the following time periods:

### **Natural Deaths:**

Above 50 years - before 14 days

Below 50 years - before 48 days

Above 84 years (or 1008 full moons) - anytime

**Unnatural Deaths:** (accidents, suicides, etc.)

Above 33 years - within 48 days

33 years and below - within 90 days

**Requirements:** photo of the deceased; piece of their clothing (anything other than inner wear, saris, or clothes worn during death); a blood relation of the deceased should be present for the process. In unavoidable situations, where you are unable to come for the process, please inform us at the time of registration so the necessary arrangements can be made.

**For Stillborns or Abortions:** (more than 48 days of pregnancy): photo of the mother taken during that pregnancy is required.

**Note:**

The family of the deceased will receive ash prasadam after the process.

## *Kalabhairava Shanti*

A process that happens at midnight on an Amavasya (new moon night)

**Requirements:** name and photo of the deceased; date of birth / date of death; sender's address, contact number and email ID; DD in favor of "Shri Yogini Trust" payable at Coimbatore. These details and donation can also be given online.

For the wellbeing of the family of the deceased, this process can be done once every year on Mahalaya Amavasya. One can register in advance for the next 10 years.

**Note:** A blood relation is not required for this process.

## Expressions

"I lost my only son. When I was young, I lived in poverty, struggling for money. Today, when I have a home, money and everything for my son to live well, he is gone. As a parent, I felt so empty and burdened by this loss. I heard from my brother about Kalabhairava Karma. Though I have never been someone who did rituals or poojas, I wanted to do something for my son to rest in peace. By performing Kalabhairava Karma, a peaceful atmosphere was created for him, and after that I feel a little calmer. Even my family sees the change in my face."

- Smt. Aruna Kandasamy, Karur

"We wanted our mother's soul to rest in peace. So we went to do Kalabhairava Karma. While performing the rituals, I felt my body and mind were so light, and there was some sense of vibrations happening within. Generally, only a male child can perform Karma, but they have offered this opportunity for women also. I feel fulfilled that I could do something for my mother."

- L.Lakshmi - Chennai

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